



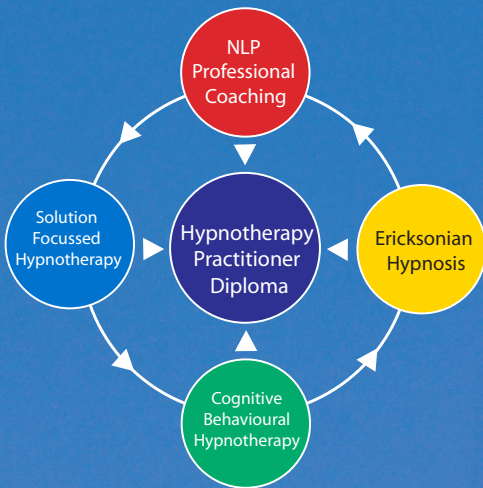
UK College of  
Clinical Hypnosis



central england college

2014/15

Course Timetable,  
Fees and Application Form



[www.centralenglandcollege.org](http://www.centralenglandcollege.org)

# Professional Practitioner Programme

2014/2015 programme – weekday and weekend courses –

You can choose either weekday or weekend for each course.

To gain the Hypnotherapy Practitioner Diploma (HPD) requires completion of all four courses in any order. The HPD can be taken entirely as a weekend course over one year. Alternatively you may choose to attend entirely on weekdays and, by so doing, qualify more quickly. So you are free to study at your own pace and even mix and match some weekend training and some weekday.

The Mindfulness Meditation Teacher Training is new for 2014, where we are offering The UK College of Mindfulness Meditation training as a weekday training option to the NLP Coaching course. Further information is on the next page.

## Weekday Course Dates 2014/2015

Booking Code:	Dates:	Course:	Booking Required ✓ :
CBH1401	6th to 10th January 2014	Cognitive Behavioural Hypnotherapy	
NLPC1402	3rd to 7th February 2014	NLP Professional Coaching	
SFH1403	3rd to 7th March 2014	Solution Focussed Hypnotherapy	
EH1404	31st March to 4th April 2014	Ericksonian Hypnosis	
CBH1405	28th April to 2nd May 2014	Cognitive Behavioural Hypnotherapy	
NLPC1406	2nd to 6th June 2014	NLP Professional Coaching	
SFH1407	30th June to 4th July 2014	Solution Focussed Hypnotherapy	
EH1409	1st to 5th September 2014	Ericksonian Hypnosis	
CBH1410	29th Sept to 3rd Oct 2014	Cognitive Behavioural Hypnotherapy	
NLPC1410	20th to 24th October 2014	NLP Professional Coaching	
SFH1411	3rd to 7th November 2014	Solution Focussed Hypnotherapy	
EH1412	1st to 5th December 2014	Ericksonian Hypnosis	
CBH1501	5th to 9th January 2015	Cognitive Behavioural Hypnotherapy	
NLPC1502	2nd to 6th February 2015	NLP Professional Coaching	
SFH1503	2nd to 6th March 2015	Solution Focussed Hypnotherapy	
EH1503	23rd to 27th March 2015	Ericksonian Hypnosis	
CBH1504	20th to 24th April 2015	Cognitive Behavioural Hypnotherapy	
NLPC1505	18th to 22nd May 2015	NLP Professional Coaching	
SFH1506	15th to 19th June 2015	Solution Focussed Hypnotherapy	
EH1507	6th to 10th July 2015	Ericksonian Hypnosis	
CBH1509	7th to 11th September 2015	Cognitive Behavioural Hypnotherapy	
NLPC1510	5th to 9th October 2015	NLP Professional Coaching	
SFH1511	2nd to 6th November 2015	Solution Focussed Hypnotherapy	
EH1511	30th Nov to 4th Dec 2015	Ericksonian Hypnosis	



# Weekend Training Dates 2014

Booking Code:	Dates:	Course:	Booking Required ✓:
SFHW1401	11th and 12th January 2014 8th and 9th February 2014 8th March 2014	Solution Focussed Hypnotherapy	
EHW1403	9th March 2014 12th and 13th April 2014 10th and 11th May 2014	Ericksonian Hypnosis	
CBHW1406	7th and 8th June 2014 12th and 13th July 2014 13th September 2014	Cognitive Behavioural Hypnotherapy	
NLPCW1409	14th September 2014 11th and 12th October 2014 8th and 9th Nov 2014	NLP Professional Coaching	

# Weekend Training Dates 2015

Booking Code:	Dates:	Course:	Booking Required ✓:
SFHW1501	10th and 11th January 2015 7th and 8th February 2015 7th March 2015	Solution Focussed Hypnotherapy	
EHW1503	8th March 2015 18th and 19th April 2015 16th and 17th May 2015	Ericksonian Hypnosis	
CBHW1506	13th and 14th June 2015 11th and 12th July 2015 12th Sept 2015	Cognitive Behavioural Hypnotherapy	
NLPCW1509	13th Sept 2015 10th and 11th October 2015 7th and 8th Nov 2015	NLP Professional Coaching	

# Mindfulness Meditation Teacher Training



**NEW FOR 2014** we are launching The UK College of Mindfulness Meditation certified teacher training course. Research has shown that Mindfulness Meditation offers powerful health and wellbeing benefits. Qualified teachers can be in high demand, teaching 1 to 1, as well as in groups and within organisations. This training includes Mindfulness Based Stress Reduction (MBSR) and Mindfulness Based Cognitive Therapy (MBCT), both are evidence based and the latter is recommended by NICE

From January 2014 the Mindfulness Meditation teacher training course, in a 5 day, Monday to Friday format, is available as a same cost option to the NLP Coaching module of the Hypnotherapy Practitioner Diploma training, or can be taken as an additional course at a reduced cost. Training dates are below. For further information please ask for our training brochure or visit [www.mindfulnessnow.org.uk](http://www.mindfulnessnow.org.uk)

MM1401	20th to 24th January 2014	Mindfulness Meditation	
MM1405	12th to 16th May 2014	Mindfulness Meditation	
MM1409	15th to 19th September 2014	Mindfulness Meditation	
MM1501	19th to 23rd January 2015	Mindfulness Meditation	
MM1506	1st to 5th June 2015	Mindfulness Meditation	
MM1509	21st to 25th September 2015	Mindfulness Meditation	

# Mind Wide Open



**Mind Wide Open** is our one day, foundation/introductory course in Hypnotherapy, Coaching, NLP and Mindfulness Meditation. Participants will experience going into hypnosis themselves as well as learning how to take someone else safely and easily in and out of hypnosis. You will also learn some NLP models for rapid change and some of the basic skills of Life Coaching. The day is a highly practical and fun way to learn and an ideal (low cost) taster if you are considering the other courses.

**Booking Code:**      **Dates: (Sundays)**      **Course:**      **Booking Required ✓ :**

MWO1401	5th January 2014	Mind Wide Open	
MWO1402	2nd February 2014	Mind Wide Open	
MWO1403	2nd March 2014	Mind Wide Open	
MWO1404	6th April 2014	Mind Wide Open	
MWO1405	4th May 2014	Mind Wide Open	
MWO1406	1st June 2014	Mind Wide Open	
MWO1407	6th July 2014	Mind Wide Open	
MWO1409	7th September 2014	Mind Wide Open	
MWO1410	5th October 2014	Mind Wide Open	
MWO1411	2nd November 2014	Mind Wide Open	
MWO1501	4th January 2015	Mind Wide Open	
MWO1502	1st February 2015	Mind Wide Open	
MWO1503	1st March 2015	Mind Wide Open	
MWO1504	12th April 2015	Mind Wide Open	
MWO1505	10th May 2015	Mind Wide Open	
MWO1506	7th June 2015	Mind Wide Open	
MWO1507	5th July 2015	Mind Wide Open	
MWO1509	6th September 2015	Mind Wide Open	
MWO1510	4th October 2015	Mind Wide Open	
MWO1511	1st November 2015	Mind Wide Open	

## Course Fees

Course:	Fees:
Cognitive Behavioural Hypnotherapy	£650.00
NLP Professional Coaching – or Mindfulness Meditation	£650.00
Solution Focussed Hypnotherapy	£650.00
Ericksonian Hypnosis	£650.00
Complete Hypnotherapy Practitioner Diploma	£2,200.00 (a saving of £400.00)
All the above 4 courses plus the Mind Wide Open Foundation Course	
Mindfulness Meditation – as an additional course	£390.00
Mind Wide Open	£50.00 (fully refundable when you decide to sign up for any of the above courses)

Please note, course fees are inclusive of refreshments, assessment, certification, supervision, all training manuals and, where appropriate, diploma registration. Fees may be subject to VAT where applicable.

# Training Course Application Form

(please photocopy, complete and send with remittance, or simply book by phone)

Please book me on to the following training course/s:

Course:	Starting Dates:	Code:	Fees:
Mind Wide Open (Optional)			£50.00

Please note the following courses may be taken in any order:

Cognitive Behavioural Hypnotherapy			£650.00
NLP Professional Coaching – or Mindfulness Meditation			£650.00
Solution Focussed Hypnotherapy			£650.00
Ericksonian Hypnosis			£650.00

Please note that the total fee is £2,200.00 if you are booking and paying for the above courses (£400.00 saving) VAT may be applicable, where appropriate. Please contact us for information.

Mindfulness Meditation – as an additional course			£390.00
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My cheque, made payable to “Central England College” for £ \_\_\_\_\_ is enclosed

Or, book and pay by phone with your credit or debit card on **0121 444 1110**

Surname: \_\_\_\_\_ First name/s: \_\_\_\_\_ Title: \_\_\_\_\_

Name as you would like it to appear on certificates/diploma: \_\_\_\_\_

Preferred first name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_  
Postcode: \_\_\_\_\_

Occupations/s: \_\_\_\_\_ Signature: \_\_\_\_\_

Telephone No: \_\_\_\_\_ Mobile: \_\_\_\_\_

email: \_\_\_\_\_

## Book and Pay by Phone Now on 0121 444 1110

**TERMS AND CONDITIONS:** Upon receipt of your application, by post or phone, we will contact you to discuss confirmation of your enrolment. Your payment will only be processed after this discussion. All fees are refundable or transfer to alternative course dates offered, provided that a clear 30 days notice prior to commencement of training, is given. We constantly seek to improve and update the quality and content of our training courses. We therefore reserve the right to change our syllabuses and course structures. We also reserve the option, on rare occasions to change trainers, dates and training venues. If this does happen, and in all events, we guarantee to maintain the quality and value of our training. Nothing in our prospectus or this document forms a contract. Photographic, audio and video recordings of our courses are not allowed. Although our policy is one of open access, we reserve the right to refuse any course application at our discretion and to terminate the training of any student whose conduct is deemed offensive/disruptive. If you have a learning difficulty or suffer/have suffered from any serious physical or mental condition which might impact on your training and subsequent professional practice, please discuss this in confidence with your tutor at the time of enrolment. For any help/advice please don't hesitate to call us. Details of course timings, directions and recommended reading list will be sent to you with your receipt.

I have read and accept the above Terms and Conditions of enrolment:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Intensive One to One Training

A very small number of places, for each course, are available for those with time constraints or who wish to qualify through an intensive, one to one, trainer/student or micro-group route. The number of hours of attendance can be significantly reduced and the qualification attained in a considerably shorter timeframe. If you feel this is for you please ask us for details.

### Distance Learning Option

All courses are available to study through, fully tutor supported, distance/on-line learning. Distance learning courses may be linked to short intensive, attendance training courses to meet the requirements of individual learners. Students learn at their own pace and receive personal tutorials, assignments and supervision. Please call us to arrange for an informal discussion.



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Credit Rated by



The Open  
University



The Association for Professional  
Hypnosis and Psychotherapy

